

## REMEDIES FOR CORONAVIRUS COVID 19

Information chiefly from Jeremy Sherr, supplemented by Rajan Sankarn, compiled by Bob Blair

### CORONAVIRUS by STAGES

Source: Jeremy Sherr (with additional information from Rajan Sankaran)

Remedies for the beginning stage are not the same as for end stage.

**Stage 1:** beginning – early infection – coryza and sneezing like starting to get a cold, maybe a sore throat and sinus congestion, and a fever, though in some cases such early warning signs seem to be absent, the illness starting with fever and then a dry cough.

Typically the temperature of the fever does not go excessively high, tending not to go much above 38 degrees C.

**Stage 2:** when it starts to go into more severe symptoms, such as coughing and difficulty breathing. The cough is usually dry, and often accompanied by wheezing, with difficulty, and/or aggravation on, inhaling; the chest feels constricted, and there may be a sense of choking. The respiration is typically improved after expectoration, but expectoration is scanty and difficult. With the fever and respiratory symptoms there is often an overwhelming sense of heaviness and weakness, and muscle aching, with difficulty getting out of bed... people want to sleep a lot. There is often a white coated tongue with a bitter taste in the mouth.

**Stage 3:** serious pathology /complications, eg collapse with (bilateral) interstitial pneumonia. The illness is typically of an intermittent nature: the patient appears to be recovering and then relapses, possibly more than once...

Rajan Sankaran's colleague in Iran has also noted improvement followed by sudden collapse into a state of weakness with acute respiratory difficulties.

*Having collated and studied over 50 verified cases of Covid 19, Jeremy has repertorised the common, characteristic and peculiar symptoms of the epidemic...*

#### **Jeremy Sherr's tried and tested remedies:**

The greater the number of 'underlines' (///) the more verified cases of Covid 19 the remedy has helped:

Stage 1: ACONITE right at the very beginning (stage 0.1) /

Stages 1&2: GELS// – early stages, beginning of flu, sinus problems, numbness

Stages 1&2: MERC (eg MERC-SOL/VIV/I-R/I-F/CORR); JS has mainly used MERC VIV //

Stages 1,2,3: BRY// – has helped people in all stages

Stages 2&3: PH-AC/PHOS //// – these have helped many cases)

Stages 2&3: ANT-T//// Best remedy so far, proved itself more for latter than earlier stages

Good for the coughs and pneumonias, etc

(Jeremy arrived at Ant-t from the totality of symptoms of the epidemic and the peculiar symptom of patients reporting being drowned with the pneumonia, which is highly characteristic of the remedy; also many from people reporting sleepiness in fever, white tongue, cough with difficult expectoration.)

Rajan Sankaran is working with a colleague treating cases in Iran; his recommendation for all stages of the illness, including prophylaxis, is CAMPHORA OFFICINALIS (1M). ///

This is based on repertorisation, and his understanding of the remedy as being in the Acute miasm of the Magnolianae plant group, whose core experience is above feeling alone and isolated in the world and needing to withdraw into their own place of safety and familiarity.

#### **Additional remedies to consider (these have not so far been tried):**

This list is based on Jeremy Sherr's various repertorisations, including those informed by his synthesis of the physical symptoms: FULL AND CONTAINED, UNABLE TO TAKE ANYTHING MORE IN, FORCEFULLY COMING OUT.

Various stages, esp. 2: ADAMAS, Mur-ac, Seneg., Samb., Lobelia, Crot-t., Crot-h. [Ant-ars.]

Stages 2 & 3: STANNUM *looks promising*: respiratory problems with extreme weakness

Stage 3: RADON (for *interstitial pneumonia*, which exposure to such radioactives can cause)

*Bob Blair is suggesting we also consider CRYPT-N for all stages, and prophylaxis (see below)*

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Synthesising the bigger picture of the pandemic, the global situation, psychological attitudes & behavioural responses, as well as physical symptoms/features/peculiarities I get to:

COLLAPSING OF APPARENTLY FUNCTIONING SYSTEM FROM INFLUX THERE IS NO CAPACITY TO DEAL WITH hence MUST ISOLATE/INSULATE FROM CONTACT WITH THE OUTSIDE, CLOSING DOWN AND RESTRICTING MOVEMENT ACROSS BOUNDARIES, WITH FORCEFULLY DISCHARGED EXPULSIONS.

For sure this is AIDS miasm (Jeremy refers to the remedy grouping as 'FARC' – Fungi-Aids-Radioactives-Cancer) but it also takes me to a remedy I feel may be relevant to every stage of the disease, from susceptibility pre-infection, through often insidious onset, then fever, cough and even the end stage of interstitial pneumonia (but it won't repertorise, because the proving collation is unfinished and unpublished; I am familiar with the remedy as a prover/collator)...

### CRYPTOCOCCUS NEOFORMANS and INTERSTITIAL PNEUMONIA

*The New England Journal of Medicine*

<https://www.nejm.org/doi/full/10.1056/NEJM197712292972606>

The emergence of **acute interstitial pneumonia** in immunocompromised patients is a serious, often life-threatening event. **A treatable cause of this syndrome is the yeast *Cryptococcus neoformans*.**

### CRYPT-N: COUGH SYMPTOMS (prover number identification in brackets)

Dry cough (persisting for 2 months), with hoarse voice, pain in chest in small spots, and difficult breathing. (02)

Dry, unproductive cough at night; sinking feeling with every inhalation; sai something has been inhaled and settles down at the base of my lung(s); *a feeling of weakness in my lungs; feeling as if each breath will be my last. False heat with deep coldness.* (16)

Dry cough, continuous in a warm room, ameliorated in fresh air, but then body feels cold very quickly; sai something stuck in throat. (11)

Dry cough with sensation as if there is mucus that needs to be shifted from behind the top part of the sternum. (09)

Cough with difficult expectoration, but expectoration (of green mucus) ameliorates wheezing respiration (which is worse on inhaling); fever and sore throat at beginning of the cough. (10)

Bad bouts of coughing with rattling lungs, along with blocked sinuses & nasal discharge. (15)

Spasmodic tickly cough, with sore throat; cough aggravates headache. (01)

Wake up coughing. Coughing up blood in the morning (possibly from mouth not lungs). (16)

Deep pain at the top of right lung. (16)

Difficulty breathing, later this is accompanied by pain in left chest. (02)

(There are also Stage 1 Upper Respiratory Tract symptoms in the proving.)

### CRYPT-N additional relevant features:

*Bitter taste* was experienced by 2 provers.

*White coated tongue* featured prominently.

There is *a lot of violent/forceful/urgent expulsion/discharge* at mental and physical levels.

Themes of the proving suggest a relevance to *cross-species mutation and migration* as well as things *appearing one way* (eg in recovery) but *then turning out to be the complete opposite*.

*There are also strong references to mirrored/symmetrical pairings, like the pairs of Covid 19 patients observed going through their symptoms in tandem... a SRP of the highest order!*

### CRYPT-N MENTAL THEMES include

**Connection v Disconnection: wanting to nurture family and others you identify with, while pushing all others out beyond a safe containment boundary.**

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Prover 02:

The situation is strange – *I care for people/relatives/friends/patients, they are important to me, I don't want to lose the connection with them, I like/love them, but I don't want to be bothered or disturbed. As if I'm not here in the present for some time, but I'll come back when I have finished the task - I don't want to upset/hurt/neglect any of them.*

*Showing my affection by preparing food, buying presents, books, making fine gestures to the people who are important to me, but I don't want to be involved. I don't want to see, meet or connect with them, or be forced to share emotions with them. I prefer to be unnoticeable and to keep a distance.*

*Wondering what to buy while shopping, I bought a pastry only for myself and ate it in secret before going home. I didn't want my husband and son to eat it, and I didn't buy any pastries for them.*

*Cooking for the family but I don't eat the food I prepare for them and I don't want them to eat my food.*

I had a terrible desire to strike and push a teenager in front of me – it was difficult to resist the impulse. The boy wasn't doing anything wrong. It was an unreasonable subconscious desire. *This happened a few more times when I was with people today. I had a desire to kick people or to smash somebody's face.* I didn't feel attacked or threatened, they were not doing anything wrong, there was no reason to do this.

*I realised that I had no desire to kick or to strike somebody who I knew or was close/familiar to me.*

*The unreasonable aggression is against unknown people. It is only an impulse to push others away, to push the boundaries further out, in order to increase the confidential area surrounding me.*

*As if the world is separated into "my people" – I mean family, friends, relatives, all the people who I know -- and "the other world" – unknown and probably hostile. And I am taking care of my people.*

Thinking that it wasn't so difficult to resist the impulse to strike people – usually I am an impulsive person. Now it is as if *I have a boundary of judgement around me – all the crazy thoughts are inside me – in my mind, but this cuticle/surrounding/bark allows only the selected (acceptable) part of them to pass through to the outer world.*

(02;12c;06:XX:XX)

*No desire to be touched or hugged. No sexual desire at all.*

(02;12c;07:XX:XX;NS;unusual 4;intensity 4)

**CRYPTOCOCCUS NEOFORMANS** is a dimorphic yeast that infects people with AIDS, chiefly affecting the lungs. It is situated at the meeting point of Fungi and the AIDS miasm, and is Jeremy Sherr's leading fungal FARC remedy, since his Dynamis school proved it about 12 years ago. It has not appeared in his repertorisations since it is not yet in any repertory, and only very minimal information has been released to Reference Works.

*Available from the following pharmacies, and possibly others:*

Cemon pharmacy, Italy

Helios pharmacy, UK

Remedia pharmacy, Austria